



From 7:00 am to 12:00 pm / disponible de 7:00 a 12:00

BANANA HOT CAKES 🥞 **\$266**
| HOT CAKES DE PLÁTANO

WAFFLES 🥞 **\$245**

FRENCH TOAST | PAN FRANCÉS 🥞 **\$245**

AMERICAN BREAKFAST **\$389**
| DESAYUNO AMERICANO

Eggs any style, Coffee, Juice, Fruit, and Bread
Toast / Huevos al gusto, Café, Jugo, Fruta y Pan
Tostado

EGG ANY STYLE | HUEVO AL GUSTO **\$307**

Served with Sausage, Bacon or Ham
accompanied with Hash Brown and Refried
Beans / Servidos con Jamón, Salchicha o
Tocino acompañados de Papa Rallada y
Frijoles Refritos

RANCHERO EGGS 🌶️ **\$307**
| HUEVOS RANCHEROS

Served with Green Sauce Chilaquiles / Servido
con Chilaquiles Verdes

SPECIAL BURRITO 🥞 **\$307**
| BURRITO ESPECIAL

Scrambled Eggs, Beans, Mozzarella Cheese,
Chorizo, Ham, Bacon, and Lyonnaise Potatoes /
Huevo Revuelto, Frijoles, Queso Mozzarella,
Chorizo, Jamón, Tocino y Papa Leonesa

BURRITO NORTEÑO 🥞 🌶️ **\$286**

Scrambled Eggs, Refried Beans, Beef Machaca,
Poblano Pepper, Onion and Mozzarella Cheese,
Beef Machaca and Lyonnaise Potatoes / Huevo
Revuelto, Frijoles, Queso Mozzarella, Cebolla,
Chile Poblano, Machaca y Papa Leonesa.

CHILAQUILES RED OR GREEN SAUCE **\$225**
| CHILAQUILES ROJOS O VERDES 🌶️ 🌿

Chicken / Pollo **\$286**

*Egg / Huevo **\$286**

25% Discount with your Meal Plan package.
25% de descuento en paquete Meal Plan



From 12:00 am to 10:00 pm / disponible de 12:00 a 10:00

MARGARITA 🌿

\$327

Tomato, Basil, Mozzarella Cheese / Albahaca,
Tomate, Queso Mozzarella

HAWAIIAN | HAWAIANA 🌿

\$327

Ham, Pineapple, Mozzarella Cheese / Jamón, Piña,
Queso Mozzarella

FOUR CHEESES / CUATRO QUESOS 🌿

\$327

Parmesan, Blue Cheese, Mozzarella, Cheddar /
Parmesano, Queso Azul, Cheddar y Mozzarella

SALADS / ENSALADAS

Green Salad / Ensalada Verde 🌿 🥗 🌿

\$205

Mixed Salad/ Ensalada Mixta 🌿 🥗

\$205

*Caesars Salad/ Ensalada César 🥗 🥙 🐟

\$225

Chicken / Pollo

\$266

SNACKS

Guacamole 🌿 🥗 🌿

\$286

*Ceviche Baja Style | Ceviche Estilo Baja 🍤

Fish / Pescado **\$348**

Shrimp / Camarón 🍤 **\$348**

From 12:00 am to 10:00 pm / disponible de 12:00 a 10:00

FRENCH FRIES 🌿 🥗 🌿

\$205

| PAPAS A LA FRANCESA

CHICKEN TENDERS

\$245

| DEDOS DE POLLO

QUESADILLAS

With Mexican Sauce and Beans / Servidas
con Pico de Gallo y Frijoles

Beef/Carne **\$286**

Chicken / Pollo **\$286**

Shrimp/Camarón 🍤 **\$286**

CHICKEN BURRITO 🥗

\$307

| BURRITO DE POLLO

MIXED FAJITAS

\$327

| FAJITAS MIXTAS

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DELI SANDWICH

CLUB SANDWICH 🥗🥗🌱 \$470

TUNA SALAD SÁNDWICH 🐟 \$266

| ENSALADA DE ATÚN

BEEF PEPITO / PEPITO DE RES \$368

*CHEESE BURGER 🍔 \$389

| HAMBURGUESA CON QUESO

TACOS

TEMPURA SHRIMP 🍤 \$307

| CAMARÓN TEMPURA

CRISPY CHICKEN 🍗 \$245

| DORADOS DE POLLO

BEEF | CARNE \$245

SOUPS/SOPAS

TORTILLA SOUP 🍲🌱 \$245

| SOPA DE TORTILLA

CLAM CHOWDER 🍲🍤 \$266

| CREMA DE ALMEJA

CHICKEN SOUP \$245

| SOPA DE POLLO

LUNCH & DINNER | COMIDA Y CENA

CHICKEN BREAST POBLANO STYLE \$327

| POLLO ESTILO POBLANO 🍲🌱

Rice and Beans / Arroz y Frijoles

FISH WITH CILANTRO SAUCE | 🐟🍲🌱 \$368

PESCADO AL CILANTRO

Rice and Vegetables / Arroz y Vegetales

PASTAS

FETUCCINI

Alfredo 🍲🌱 \$307

Pomodoro 🌱 \$307

Pesto 🍲🌱🍄 \$307

*In compliance with Mexican sanitary regulations please be aware that consuming raw or undercooked meat, poultry, shellfish, or egg can increase the risk of illnesses transmitted through food and they are served at the customer's discretion

Prices are in Mexican Pesos. 16% tax included.

Please let your server know if you have any dietary restrictions

FRESH JUICES | JUGOS NATURALES 🍹 \$123

Orange | Naranja
Grapefruit | Toronja
Pineapple | Piña

SMOOTHIES | LICUADOS \$143

GREEN | VERDE

Cactus Pad, Celery, Parsley, Cucumber, Pineapple,
Spinach, Mint / Nopal, Apio, Perejil, Pepino, Piña,
Espinaca, Menta

NUTRITIOUS | NUTRITIVO 🥗

Banana, Honey, Strawberry, Eggnog, Plain Yoghurt
/ Plátano, Miel, Fresa, Rompope, Yogur Natural

TROPICAL | TROPICAL

Pineapple, Papaya, Banana, Orange, Honey / Piña,
Papaya, Plátano, Naranja y Miel

TEJABAN | TEJABAN 🥛🌾

Banana, Seed Mix, Milk, Vanilla, Honey, Plain
Yoghurt / Plátano, Granola, Leche, Vainilla, Miel,
Yogur Natural

COFFEE POT | JARRA DE CAFÉ \$245

FRUIT PLATE | PLATO DE FRUTA \$205

BEER | CERVEZA \$133

Corona, Tecate, Tecate Light, XX Lager

SODA | REFRESCO \$102

Coca Cola, Coca Cola Light, Sprite, Fresca, Club
Soda

CLAMATO | CLAMATO PREPARADO \$102

MARGARITA \$245



Fish
Pescado



Seafood
Mariscos



Crustaceans
Crustáceos



Spicy
Picante



Gluten Free
Sin Gluten



Vegan
Vegano



Vegetarian
Vegetariano



Dairy
Lácteos



Eggs
Huevo



Peanut
Cacahuete



Almond
Almendra



Walnut
Nuez



Soybean
Soya



Molluscs
Moluscos



Sesame
Ajonjolí



Gluten
Con Gluten



Fruits
Frutos Secos

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BOX LUNCH **1** \$307

- | | |
|-----------------------|-----------------------------|
| 1 TURKEY HAM SANDWICH | 1 SANDWICH DE JAMÓN DE PAVO |
| 1 FRIED CHICKEN PIECE | 1 PIEZA DE POLLO FRITO |
| 1 APPLE | 1 MANZANA |
| 1 ORANGE | 1 NARANJA |
| 2 HARD BOILED EGG | 2 HUEVOS COCIDOS |

BOX LUNCH **2** \$307

- | | |
|---------------------------|------------------------|
| 2 SHREEDDED BEEF BURRITOS | 2 BURRITOS DE CARNE |
| 1 FRIED CHICKEN PIECE | 1 PIEZA DE POLLO FRITO |
| 1 APPLE | 1 MANZANA |
| 1 ORANGE | 1 NARANJA |

BOX LUNCH **3** \$348

- | | |
|-----------------------|-----------------------------|
| 1 TURKEY HAM SANDWICH | 1 SANDWICH DE JAMÓN DE PAVO |
| 1 FRIED CHICKEN PIECE | 1 PIEZA DE POLLO FRITO |
| 1 APPLE | 1 MANZANA |
| 1 ORANGE | 1 NARANJA |
| 2 HARD BOILED EGG | 2 HUEVOS COCIDOS |
| 2 PASTRIES | 2 PAN DE DULCE |

BOX LUNCH **4** \$348

- | | |
|---------------------------|------------------------|
| 1 HAM SANDWICH | 2 BURRITOS DE CARNE |
| 2 SHREEDDED BEEF BURRITOS | 1 PIEZA DE POLLO FRITO |
| 1 ORANGE | 1 NARANJA |
| 2 HARD BOILED EGG | 2 HUEVOS COCIDOS |
| 2 PASTRIES | 2 PAN DE DULCE |



ACERCA DE NOSOTROS:

Desde 1965 hemos sido pioneros en hotelería en Cabo San Lucas, nuestro principal objetivo es brindarle un servicio de hospitalidad y calidez inigualables. Revitalice su cuerpo, recargue su espíritu y renueve su bienestar con una variedad de tratamientos y servicios que sólo podrá encontrar aquí, en Solmar Resort. Bienvenido a casa!



ABOUT US:

Since 1965 we have been pioneers in hospitality in Cabos San Lucas. Our mission is created unforgettable experiences for your wellness and relaxation. Revitalize your body, and renew your spirit. Through the variety of treatments and activities that we got prepare for you ... Welcome home!!!



From 7:00 am to 12:00 pm / disponible de 7:00 a 12:00

BANANA HOT CAKES 🥞 **\$13**
| HOT CAKES DE PLÁTANO

WAFFLES 🥞 **\$12**

FRENCH TOAST | PAN FRANCÉS 🥞 **\$12**

AMERICAN BREAKFAST **\$19**
| DESAYUNO AMERICANO

Eggs any style, Coffee, Juice, Fruit, and Bread
Toast / Huevos al gusto, Café, Jugo, Fruta y Pan
Tostado

EGG ANY STYLE | HUEVO AL GUSTO **\$15**

Served with Sausage, Bacon or Ham
accompanied with Hash Brown and Refried
Beans / Servidos con Jamón, Salchicha o
Tocino acompañados de Papa Rallada y
Frijoles Refritos

RANCHERO EGGS 🌶️ **\$15**
| HUEVOS RANCHEROS

Served with Green Sauce Chilaquiles / Servido
con Chilaquiles Verdes

SPECIAL BURRITO 🥞 **\$15**
| BURRITO ESPECIAL

Scrambled Eggs, Beans, Mozzarella Cheese,
Chorizo, Ham, Bacon, and Lyonnaise Potatoes /
Huevo Revuelto, Frijoles, Queso Mozzarella,
Chorizo, Jamón, Tocino y Papa Leonesa

BURRITO NORTEÑO 🥞 🌶️ **\$14**

Scrambled Eggs, Refried Beans, Beef Machaca,
Poblano Pepper, Onion and Mozzarella Cheese,
Beef Machaca and Lyonnaise Potatoes / Huevo
Revuelto, Frijoles, Queso Mozzarella, Cebolla,
Chile Poblano, Machaca y Papa Leonesa.

CHILAQUILES RED OR GREEN SAUCE **\$11**
| CHILAQUILES ROJOS O VERDES 🌶️ 🌿

Chicken / Pollo **\$14**

*Egg / Huevo **\$14**

25% Discount with your Meal Plan package.
25% de descuento en paquete Meal Plan



From 12:00 am to 10:00 pm / disponible de 12:00 a 10:00

MARGARITA \$16

Tomato, Basil, Mozzarella Cheese / Albahaca,
Tomate, Queso Mozzarella

HAWAIIAN | HAWAIANA \$16

Ham, Pineapple, Mozzarella Cheese / Jamón, Piña,
Queso Mozzarella

FOUR CHEESES / CUATRO QUESOS \$16

Parmesan, Blue Cheese, Mozzarella, Cheddar /
Parmesano, Queso Azul, Cheddar y Mozzarella

SALADS / ENSALADAS

Green Salad / Ensalada Verde    \$10

Mixed Salad/ Ensalada Mixta   \$10

*Caesars Salad/ Ensalada César    \$11

Chicken / Pollo \$13

SNACKS

Guacamole    \$14

*Ceviche Baja Style | Ceviche Estilo Baja 

Fish / Pescado \$17

Shrimp / Camarón  \$17

From 12:00 am to 10:00 pm / disponible de 12:00 a 10:00

FRENCH FRIES | PAPAS A LA FRANCESA \$10

CHICKEN TENDERS | DEDOS DE POLLO \$12

QUESADILLAS

With Mexican Sauce and Beans / Servidas
con Pico de Gallo y Frijoles

Beef/Carne \$14

Chicken / Pollo \$14

Shrimp/Camarón  \$14

CHICKEN BURRITO | BURRITO DE POLLO \$15

MIXED FAJITAS | FAJITAS MIXTAS \$16

25% Discount with your Meal Plan package.
25% de descuento en paquete Meal Plan



DELI SANDWICH

CLUB SANDWICH 🥗🥚🌿 \$23

TUNA SALAD SÁNDWICH 🐟 \$13
| ENSALADA DE ATÚN

BEEF PEPITO / PEPITO DE RES \$18

*CHEESE BURGER 🍔 \$19
| HAMBURGUESA CON QUESO

TACOS

TEMPURA SHRIMP 🍤 \$15
| CAMARÓN TEMPURA

CRISPY CHICKEN 🍗 \$12
| DORADOS DE POLLO

BEEF | CARNE \$12

SOUPS/SOPAS

TORTILLA SOUP 🍲🌿 \$12
| SOPA DE TORTILLA

CLAM CHOWDER 🍲🍤 \$13
| CREMA DE ALMEJA

CHICKEN SOUP \$12
| SOPA DE POLLO

LUNCH & DINNER | COMIDA Y CENA

CHICKEN BREAST POBLANO STYLE \$16
| POLLO ESTILO POBLANO 🍲🌿

Rice and Beans / Arroz y Frijoles

FISH WITH CILANTRO SAUCE | 🐟🍲🌿 \$18
PESCADO AL CILANTRO

Rice and Vegetables / Arroz y Vegetales

PASTAS

FETUCCINI

Alfredo 🍝🌿 \$15

Pomodoro 🍝🌿 \$15

Pesto 🍝🍷🌿🍄 \$15

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FRESH JUICES | JUGOS NATURALES 🍹 \$6

Orange | Naranja
Grapefruit | Toronja
Pineapple | Piña

SMOOTHIES | LICUADOS \$7

GREEN | VERDE

Cactus Pad, Celery, Parsley, Cucumber, Pineapple,
Spinach, Mint / Nopal, Apio, Perejil, Pepino, Piña,
Espinaca, Menta

NUTRITIOUS | NUTRITIVO 🥛🍌

Banana, Honey, Strawberry, Eggnog, Plain Yoghurt
/ Plátano, Miel, Fresa, Rompope, Yogur Natural

TROPICAL | TROPICAL

Pineapple, Papaya, Banana, Orange, Honey / Piña,
Papaya, Plátano, Naranja y Miel

TEJABAN | TEJABAN 🥛🍌

Banana, Seed Mix, Milk, Vanilla, Honey, Plain
Yoghurt / Plátano, Granola, Leche, Vainilla, Miel,
Yogur Natural

COFFEE POT | JARRA DE CAFÉ \$12

FRUIT PLATE | PLATO DE FRUTA \$10

BEER | CERVEZA \$6.5

Corona, Tecate, Tecate Light, XX Lager

SODA | REFRESCO \$5

Coca Cola, Coca Cola Light, Sprite, Fresca, Club
Soda

CLAMATO | CLAMATO PREPARADO \$5

MARGARITA \$12



Fish
Pescado



Seafood
Mariscos



Crustaceans
Crustáceos



Spicy
Picante



Gluten Free
Sin Gluten



Vegan
Vegetano



Vegetarian
Vegetariano



Dairy
Lácteos



Eggs
Huevo



Peanut
Cacahuete



Almond
Almendra



Walnut
Nuez



Soybean
Soya



Molluscs
Moluscos



Sesame
Ajonjolí



Gluten
Con Gluten



Fruits
Frutos Secos

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BOX LUNCH **1** \$15

- | | |
|-----------------------|-----------------------------|
| 1 TURKEY HAM SANDWICH | 1 SANDWICH DE JAMÓN DE PAVO |
| 1 FRIED CHICKEN PIECE | 1 PIEZA DE POLLO FRITO |
| 1 APPLE | 1 MANZANA |
| 1 ORANGE | 1 NARANJA |
| 2 HARD BOILED EGG | 2 HUEVOS COCIDOS |

BOX LUNCH **2** \$15

- | | |
|---------------------------|------------------------|
| 2 SHREEDDED BEEF BURRITOS | 2 BURRITOS DE CARNE |
| 1 FRIED CHICKEN PIECE | 1 PIEZA DE POLLO FRITO |
| 1 APPLE | 1 MANZANA |
| 1 ORANGE | 1 NARANJA |

BOX LUNCH **3** \$17

- | | |
|-----------------------|-----------------------------|
| 1 TURKEY HAM SANDWICH | 1 SANDWICH DE JAMÓN DE PAVO |
| 1 FRIED CHICKEN PIECE | 1 PIEZA DE POLLO FRITO |
| 1 APPLE | 1 MANZANA |
| 1 ORANGE | 1 NARANJA |
| 2 HARD BOILED EGG | 2 HUEVOS COCIDOS |
| 2 PASTRIES | 2 PAN DE DULCE |

BOX LUNCH **4** \$17

- | | |
|---------------------------|------------------------|
| 1 HAM SANDWICH | 2 BURRITOS DE CARNE |
| 2 SHREEDDED BEEF BURRITOS | 1 PIEZA DE POLLO FRITO |
| 1 ORANGE | 1 NARANJA |
| 2 HARD BOILED EGG | 2 HUEVOS COCIDOS |
| 2 PASTRIES | 2 PAN DE DULCE |



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